

Tooth Eruption Disturbances

What is it?

- **Tooth Eruption Disturbances**– teeth embedded, impacted, teeth-primary, shedding, persistent, premature; late; is a development process
 - **Teeth**- vary in size, shape and their location in the jaw; the differences enable the teeth to work together to smile, chew, and speak
 - **Tooth Eruption**- when a tooth or teeth come through the gum line and is a normal process of the body, incisors cut the food, canines tear the food, premolars crush the food and permanent molars grind the food
 - **Eruption Patterns**- teeth tend to erupt in pairs, lower teeth usually erupt before the upper teeth; girls generally preceded boys in tooth eruption, the teeth in both jaws usually erupt in pairs- one on the left and one on the right
 - **College Students**- all permanent teeth erupt before college age except the 3rd molar (wisdom teeth) and this happen between ages 17 and 21 years and often have to be extracted because of pain, decay or impactions
 - **Abnormal Tooth Eruption**- missing teeth, crowded teeth, abscessed tooth, carried, eruption blisters, geographic tongue, when to suture the tongue



Recommendations:

- **Prevention of Dental Problems**- regular dental check-ups, fluoride in the water, seat belts, helmets, mouth guards, daily hygiene and care of brushing and flossing teeth

What can I do?

- **See your Health Care Provider or Dentist**- for more information
- **See a Registered Dietitian**- for help as needed; minimize carbohydrates as candies, cakes, pies, pastries, desserts, colas with sugar, sweet juices and beverages, sugar, syrups, caramel candies, chewing gum, sticky foods

