Styes (Hordeolum)

What is it?

- **Sty** noncontiguous infection of the eyelash follicle
 - o **appearance** small, red bump, pimple like
 - o where- edge of the eyelid, in the eyelid, under the eyelid
 - o after a few days- comes to a head, breaks open, small amount of pus
- <u>Common</u>- not serious, go away on their own, usually a staphylococcal infection

Signs and Symptoms:

- Edge of the eyelid- redness, tenderness, pain, swelling
- Swollen Area small, round, tender
- **Eye** may water, be sensitive to bright light, feel as a speck of dirt in eye entire lid may swell, usually a small area of the lid is swollen, painful

AVOID:

- <u>Eye</u>- rubbing the eye, do not mash like a pimple
 - o **Eye Makeup** contact lens until healed

Facts:

- Most people who develop styes do so repeatly
- Majority of people 1-2 styes their life

What can I do?

- <u>See your Health Care Provider-</u> for more information on Styes
- Apply Compresses warm, moist for 5 to 10 minutes 4 to 6 times/day continue until sty comes to a head, drain

