

Sexual Assault

What is it?

- **Sexual Assault**– can be visual, verbal or anything that forces a person to join in unwanted sexual contact or attention as rape, attempted rape, child molestation, sexual intercourse that you say no to, inappropriate touching, vaginal, anal or oral penetration



- **Voyeurism**- when someone watches private sexual acts
- **Exhibitionism**- when someone exposes her/himself in public
- **Incest**- sexual contact between family members
- **Sexual Harassment**- can happen at home, on a date or by a stranger
- **Rape**- a common form of sexual assault, it is committed in many situations as by a friend, on a date, an acquaintance, or when you think you are alone
- **Date Rape Drugs**- educate yourself, the drugs are slipped into your drink when not looking making a person unable to resist assault; can also cause memory loss so that the victim does not remember what happened; never leave your drink unattended



What do I do if I have been sexually assaulted?

- **Find a Safe Place**- away from your attacker, call 911 or the police, call a friend or family member you trust, call the National Sexual Assault Hotline **1-800-656 HOPE (4673)** and talk with a counselor; feelings of guilt, fear shock and shame are normal; National Domestic Violence Hotline- 1-800-799-SAFE (7233) or 1-800-787-3224
- **DO NOT**- clean, comb or wash any part of your body, do not change clothes, do not touch or change anything at the scene of the assault so all the information is collected for evidence
- **Go to the Nearest Hospital or ER**- to be examined, treated for injuries, to screen for pregnancy or STI's (Sexually Transmitted Infections); evidence will be collected using a rape kit for hairs, fibers, saliva, semen, or clothing that the attacker may have left behind; report to the police while at the hospital and to connect to the local rape crisis center for support groups and counseling' <http://www.womenshealth.gov/violence/state/>



What can I do?

- **See your Health Care Provider**- for more information