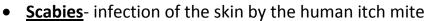
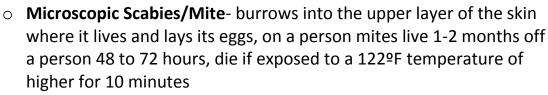
Scabies

What is it?





Signs and Symptoms:

- Intense itching, pimple like skin rash, tiny blisters/vesicles, and scales, grayish white or skin colored lines on the skin surface, 10-15 mites per person, often seen as webbing between fingers and in the skin folds
- <u>Common Sites</u>- armpit, wrist, elbow, webbing between the fingers, nipple, penis, waist, buttocks, waist line

Recommendations:

- Avoid- skin to skin contact with a person who has scabies
- <u>Do Not Scratch</u>- scratching causes skin sores, can become infected with bacteria

Facts:

- <u>Outbreaks</u>- where there are close quarters as nursing homes, prisons, child care, spread by sexual partners, household members, sharing sheets, clothing
- Weakened Immune System often have crusted scabies/Norwegian Scabies as in the elderly, disabled, debilitated
 - Crusted Scabies- thick crust of skin, large number of scabies mites and eggs, very contagious with hand to hand contact, bedding, clothing, furniture, may not have a rash and itching, need quick and aggressive treatment, can be infested with thousands of mites and is highly contagious

What can I do?

- <u>See your Health Care Provider</u>- may obtain skin scraping, examine under a microscope, using a tip of a needle to remove a mite,
 - Treatment- scabicides are available with a prescription, always wear clean clothes after treatment, all persons should be treated at the same time to prevent reinfestation, retreatment may be necessary 2-4 weeks after treatment if there is severe itching

