

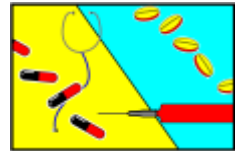
Narcotic Addiction

What is it?

- **Narcotic Addiction**- a strong psychological and physical dependence
- **Compulsion**- to the continued use of narcotics
- **Dosage**- must be increased to get the same effect and to prevent withdrawal

What are the powerful drugs?

- **Powerful Drugs**- Opioids, osycodonemeperidine, morphine, hydromorphone
- **Heroin**- one of the strongest narcotics, illegal in the US



Facts:



- **Narcotics**- given for pain often cause constipation, so increase Fiber and Fluids
 - **See FFF Fiber, See FFF Fluids**
- **Symptoms**- Flushed skin, low blood pressure, itching, constricted pupils, slow shallow breathing, drowsiness, slow heart rate, low body temperature
- **First withdrawal Symptoms**- yawning, rapid breathing, perspiration, crying, and a runny nose
- **Other symptoms**- gooseflesh, tremors, muscle twitching, aching muscles. hot and cold flashes, diarrhea, loss of appetite, gastrointestinal cramps
- **Symptoms**- may occur 4 to 6 hours after the narcotic is stopped
- **Peak Time**- 36 to 72 hours
- **Withdrawal**- worse in people who have used larger amounts for longer periods of time
- **Shared Needles**- increases chances of viral hepatitis, liver damage, bone infections, HIV, skin sores, lung problems, neurologic problems, severe infections and many other problems



What do I need to do?

- **See a Health Care Provider**
- **Follow the Medication Prescription**- as directed by your Health Care Provider and there is little risk of becoming addicted

