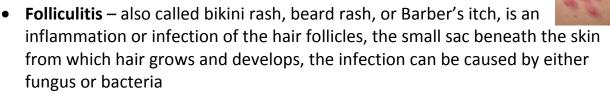
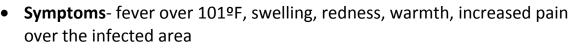
Folliculitis

What is it?



cigns and Symptoms:



Recommendations:

- Infected Area- wash with an antibacterial soap, if on beard or hair use a shampoo containing propylene glycol or selenium; use a warm compress 3 to 6 times per day to heal faster and to stop the pain and itching
- **Practice Good Hand Washing Techniques** lather hand with warm soap and water using friction for 30 seconds and dry with a disposable towel
- Solution- use 1 Tablespoon of white vinegar with 1.3 cups of water
- **Prevention** do not share towels or personal items, do not scratch

Facts:

- Can Develop anywhere on the body; the most common locations are the neck, face, scalp and areas where clothing rubs against the body, such as thighs, buttocks, crotch and arms
- To be Rid of Folliculitis- one must kill the fungus or bacteria
- Laser Treatment- destroys the hair follicle and reduces the scarring that results from folliculitis, hair will no longer grow in the treated area, laser treatment is also expensive

What can I do?

- See your Health Care Provider- for treatment may suggest an antibiotic ointment, cream or pill; or antiseptic cleanser; laser treatment
 - **Mild Folliculitis from Bacteria** sometimes heal on their own, may return or get worse;
 - **Mild Folliculitis from Fungus** may need to take antifungal pills or corticosteroid to reduce inflammation

