

# Dysuria

## What is it?

- **Dysuria** – the medical term used to describe pain felt during urination, a common complaint in women, 25% of women suffer from dysuria each year, infection is the most common cause of dysuria, most common in women ages 24 to 54 years of age
- **Pain from Dysuria**
  - **Inside the Body**- may be cystitis or urethritis
  - **Pain as Urine Leaves the Body**- vaginal Infection



## Signs and Symptoms:

- **Symptoms**- blood in the urine, vaginal discharge, slowness when urinating, pain during intercourse, urinary frequency

## Recommendations:

- **Prevention** using condoms, avoid intercourse until infection free, wear loose clothing, avoid feminine douches

## Facts:

- **Caused by**- genital herpes, contracted more easily by people who are sexually active; E. Coli is the most common infection that causes dysuria, bacteria, prostatitis, infection, urethritis, pyelonephritis, vulvitis, vaginitis, cervicitis
- **Different Types of Infection**- cystitis, urethritis, vulvitis, vaginitis
- **Non-Infectious Reasons for Dysuria**- cancer of the renal tract or bladder, certain medications, horse riding, bicycle riding, depression

## What can I do?

- **See your Health Care Provider**- full medical history to diagnose the cause of dysuria depending on frequency and location of the pain; may prescribe antibiotics
  - **Early Diagnosis**- can prevent any infection from spreading

