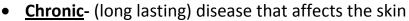
# **Atopic Dermatitis**

#### What is it?



- Dermatitis means skin and atopic means hereditary or runs in families, decreases with age
- <u>Skin</u>- is itchy and inflamed, redness, swelling, cracking, scaling, crusting and weeping
- <u>Most often Affects</u>- infants and young children, continues into adulthood or first shows up later in life
- Environmental Factors can progress the disease

#### Who does it affect?

- Males and Females- equally
- 10 to 20% of all referrals to dermatologists
- <u>65% Develop</u>- in the first year of life
- 90%- before the age of 5
- Increased Risk- in urban areas with low humidity
- >15 million people in U.S.- have symptoms of atopic dermatitis

## What are the Symptoms?

- Skin-dry, itchy, red raised bumps on face, upper arms and thighs
- Rashes on the cheeks, arms and legs, scales on the skin, leathery skin
- <u>Cracks</u>- behind the ears
- Hyperpigmented Eyelids extra fold of skin under the eyes
- <u>Cheilosis</u>-inflammation of skin around lips, inflammation on and around the lips
- <u>Susceptible</u>- to reoccurring infections

### What do I need to do?

- See a Dermatologist- immediately
  - Treatment- short, lukewarm baths and apply lubricant keep fingernails short, cotton fabric to wear, stay cool, try not to scratch



