

Chalazion

What is it?

- **Chalazion**– is a cyst in the eyelid, often caused by an accumulation of meibomian gland secretions from a duct blockage, appear as a small pimple like bump on the eyelid/sty, usually on the upper eyelid,
- **Differ from Styes**- more painful, larger, often takes months to fully heal with treatment, takes years to heal without treatment



Signs and Symptoms:

- **Chalazion**-eyelid tenderness, swelling of the eyelid, sensitivity to light, heaviness of the eyelid, increased tearing
- **Complications**- Astigmatism due to pressure on the cornea, if left untreated and does not heal can lead to blindness
 - **Laser Eye Surgery**- shaping the cornea by burning parts of it away, weakening its structure, may have deformation of the cornea from small chalazions
 - **Hypopigmentation**- may occur with corticosteroid injection
 - **Recurring Chalazia**- may be a symptom of sebaceous cell carcinoma

Facts:

- **Caused by**-not removing eye makeup, the oil from the makeup gathers in the gland and causes a cyst
- **Treatment**- cream that should be applied inside the eye four times a day, duration is usually 2 weeks
- **Continue to Enlarge**- smaller lesions may be injected with a corticosteroid, larger ones may be surgically removed using local anesthesia (done underneath the eyelid to avoid scarring)

What can I do?

- **See your Health Care Provider**- surgery should be considered only as a last resort
 - **Suggestions**—warm compresses over a period of weeks to the affected area of the eye

